

Live Loved

1. “For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline” (2 Timothy 1:7). Add to the lists below with your own words, or look up different translations of this verse to find what God’s Spirit gives and does not give. How well are you embodying the characteristics of the qualities that are from God?

God’s Spirit Gives

God’s Spirit Does Not Give

2. “But the Lord is faithful; he will strengthen you and guard you from the evil one” (2 Thessalonians 3:3). Was God faithful to Moses? What is the reason Moses was not allowed into the Promised Land (Numbers 20:12)? On a scale of 1-10, how much are you trusting God today?

3. “Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience” Colossians 3:12 (NIV). Pick one of these characteristics, the one you’re most lacking, and pray that God will make you more of that.

4. “And he gives grace generously. As the Scriptures say, ‘God opposes the proud but gives grace to the humble’ ” (James 4:6). God forgives and offers grace readily. Why would a prideful heart not receive grace?

Paraphrase I Peter 5:6-7 below. Use words that make it real to you. Instead of “worries and cares,” write what you’re worried about.

*So humble yourselves under the mighty power of God,
and at the right time he will lift you up in honor. Give all your worries and cares
to God, for he cares about you.*