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## *How to Carry On Your Faith through Traditions*

***Teach us to number our days, that we may gain a heart of wisdom.***

—*Psalm 90:12 (NIV)*. What do you think it means to “number our days” and why are we instructed to do that (what will we gain from it)?

***Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil. Therefore do not be foolish, but understand what the Lord’s will is. Ephesians 5:15-17 (NIV)***

This verse tells us to live as if we are wise, go back to Psalm 90:12 and see what gives us a heart of wisdom. How can we make the most of every opportunity with our children? Are we wasting our time foolishly, or are we following the Lord’s will?

If you’re unsure about the Lord’s will, read Deuteronomy 11:18-20 again:

***Fix these words of mine in your hearts and minds; tie them as symbols on your hands and bind them on your foreheads. Teach them to your children, talking about them when you sit at home and when you walk along the road, when you lie down and when you get up. Write them on the doorframes of your houses and on your gates.***

How can you implement this in your home today? What can you teach your children as they’re eating breakfast, as you’re driving them to school, as they’re doing homework, and during the routine of bedtime? Where can you post the words of God around your home? It doesn’t have to be perfect or pretty. Sticky notes work just fine.